ERIC "SHOWBOAT" MELTON

SOME OF YOU MAY KNOW HIM AS "COACH ERIC,"

"SOLDIER," OR EVEN "DRAGON WARRIOR."

DID YOU KNOW HE WAS ONCE THE 1992 WORLD

WELTERWEIGHT KICKBOXING CHAMPION?

COACH ERIC HAS A FIGHTING RECORD OF
53-5-0 WITH 32 KNOCKOUTS.

HE WAS ALSO A U.S. LIGHTWEIGHT AND
MIDDLEWEIGHT KICKBOXING CHAMPION. IN
1996, HE WAS THE OLYMPIC TORCH BEARER IN
NASHVILLE, TN FOR THE OLYMPIC SUMMER
GAMES IN ATLANTA.





ABOUT US



MPACT SPORTS WAS FOUNDED BY

ERIC & DEE ANN MELTON IN 2002. THE MELTON
FAMILY HAS ALWAYS HAD A PASSION FOR
GYMNASTICS & MARTIAL ARTS AND WANTED TO
BLESS THE MIDDLE TENNESSEE AREA WITH A
FACILITY THAT OFFERED BOTH FOR FAMILIES!

CONTACT INFORMATION

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EMAIL ADDRESS: INFO@MPACTSPORTS.COM

MAILING ADDRESS: 121 SEABOARD LANE SUITE1 FRANKLIN, TN 37067











MARTIAL ARTS

WWW.MPACTSPORTS.COM

FIGHT CLUB

AGES 12+
TUITION:

1 Day per week \$40/month

2 Days per week \$75/month

3 DAYS PER WEEK \$100/MONTH

DROP INS - \$20 A PERSON/ SESSION

TUESDAY WEDNESDAY SATURDAY 6:30-7:30 PM 6:30-7:30 PM 9:30-10:30 AM

HOMESCHOOL MARTIAL ARTS & GYMNASTICS

ALL LEVELS

Tuition: \$69/MONTH

WEDNESDAY 1:00-1:45 PM

SPARRING

GREEN BELT AND UP

MONDAY 6:30-7:30 PM

THURSDAY 6:00-6:45 PM THURSDAY 6:45-7:30 PM



MARTIAL ARTS

21ST CENTURY TAEKWONDO WITH AN EMPHASIS ON SELF DEFENSE.

LIL' DRAGONS

AGES 4-5 YEARS

Tuition: \$89/MONTH

TUESDAY 2 DAYS PER WEEK THURSDAY

4:30-5:00 PM

4:30-5:00 PM

INTRODUCTORY ALL BEGINNERS 6 & UP TECHNIQUE YELLOW AND UP

MONDAY 5:00-5:30 PM

MONDAY 5:30-6:15 PM

WHITE & YELLOW BELT

Tuition: \$99/MONTH

 TUESDAY
 THURSDAY

 5:00-5:45 PM
 5:00-5:45 PM

 WEDNESDAY
 SATURDAY

 5:00-5:45 PM
 10:30-11:15 AM

GREEN & BLUE BELT

Tuition: \$99/Month

MONDAY: TECHNIQUE THURSDAY: SPARRING 5:30-6:15 PM 6:00-6:45 PM

WEDNESDAY

5:45-6:30 PM SATURDAY

MONDAY: SPARRING 10:30-11:15 AMG

6:30-7:30 PM 11:15-12:00 PM B

RED & BLACK BELT

Tuition: \$99/Month

Monday: TECHNIQUE THURSDAY: SPARRING

5:30-6:15 PM TUESDAY 6:45-7:30 PM

MONDAY: SPARRING 5:45-6:30 PM SATURDAY

6:30-7:30 PM 11:15-12:00 PM

SATURDAYS

WHITE /YELLOW/GREEN BELTS INSTRUCTIONAL CLASS

10:30-11:15 AM

BLUE/RED/BLACK BELTS
OPEN CLASS

11:15-12:00 PM











